



mailing address:
519 4th Avenue South
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info@lethbridgegirlsrockcamp.com

**Summer
2019
Intern
Application**

Lethbridge Girls Rock Camp (LGRC) is a not-for-profit, volunteer-driven organization that provides girls (transgender / cisgender) and non-binary youth the opportunity to learn a new instrument (or new techniques on an old one) and express themselves in creative and artistic ways. Through our partnerships (YWCA of Lethbridge and District, CKXU 88.3 FM, Making Connections, Street Legal), we provide an environment that builds confidence, leadership, and teamwork skills.

**2019 Camp Dates: July 8th to 12th (9am to 4pm),
and July 13th (Showcase, 5pm to 8pm)**

Intern Requirements:

Interns must be between the ages of 14* and 17 at the time of the camp.

*13-year-olds entering Grade Nine in September are also welcome to apply

Interns do not need to have any prior music experience!

The Showcase component is mandatory:

Interns who are unable to attend the Showcase should not register for the camp.

Registration: At LGRC, camp fills on a “first-come, first-registered” basis. We strongly recommend that you submit your application as soon as possible. You can mail your application to the address listed above or drop it off at Street Legal (same address) during store hours. If you’d prefer to use the online form, please check our website (lethbridgegirlsrockcamp.com/camper/registration-form). All applications are timestamped, whether completed electronically or in physical form. If camp fills up, we will contact you to discuss your options (being added to the waitlist or switching positions).

Camp Fees: Our camp fee (tuition) is \$200. This fee includes lunches, snacks, use of equipment, and one ticket to the Showcase (Interns are already on the guest list).

Don’t worry about sending camp fees with your application: we will notify you once you have secured a spot and send instructions about paying camp fees at that time.

***Please note: LGRC firmly believes that money should never be a barrier to attending camp, therefore, subsidies are available [find out more information in Section 4 – Camp Fees (Tuition)]. LGRC can also work with you to create a payment schedule to meet your needs.

Location: All parts of the camp, including the Showcase, will take place at The Gate located at 522 – 3rd Avenue South (downtown, just south of Galt Gardens).

Keep this page! Put it on your fridge as a reminder of the rockin’ times to come this summer!!!

You can reach us at the above email address if you have any questions



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***Please note: This form should be filled out by the youth applying for an Intern position at camp (except for one section which needs to be completed by a parent / guardian).

1. Intern Information:

Full Legal Name: _____

Nickname / preferred name: _____

Date of Birth: _____ Age (at time of camp): _____

Home Address: _____

City: _____ Province: _____ Postal Code: _____

Mailing Address (if different): _____

City: _____ Province: _____ Postal Code: _____

Email: _____

Name of Parent / Guardian 1: _____

Home Phone: _____ Cell Phone: _____

Work Phone: _____ Email: _____

Preferred method of contact: _____ home phone _____ cell phone _____ work phone _____ email

Name of Parent / Guardian 2: _____

Home Phone: _____ Cell Phone: _____

Work Phone: _____ Email: _____

Preferred method of contact: _____ home phone _____ cell phone _____ work phone _____ email

Other Contact Information Is there any other contact information that we might need to know? This may include other people (not noted above) that are authorized to pick you up or any special circumstances (e.g. You may sign yourself out and walk home at the end of the day).

Health Information

Any health information listed below is asked solely to help us take the best possible care of you; it is held in the strictest of confidence and will only be shared with those who need to know. You can also email us directly to address this information.

Do you have any medical conditions or allergies? ____ Yes ____ No

If yes, please list. _____

Do you have any behavioural, emotional, or developmental concerns?

____ Yes ____ No

If yes, please tell us a bit more so we can make sure you receive appropriate support at camp.

Are you on medication to treat any of the above-mentioned conditions?

____ Yes ____ No

If yes, please list medications and specify conditions. _____

Dietary Information

Each day we provide snacks and a healthy lunch. To help us plan our meals, please let us know if you are:

____ Vegan ____ Vegetarian ____ Omnivore (aka eats everything!) ____ Gluten Intolerant
____ Other: _____

Is there anything we can do that would help you find camp more accessible and / or comfortable?

2. Camp Duties: We are very excited to offer an intern program again this year!

We have a plan in mind about how things will run but (as with all things at camp) will ask for your flexibility and patience as we iron out any kinks along the way. As with campers, we are offering you options so that you can choose what your camp experience will look like.

***Please note: Each position has been created in a way that no previous experience is necessary.

Please read the descriptions below and check which Morning position and which Afternoon position you would prefer.

Mornings:

_____ **Instrument Instructor's Assistant:** aiding instrument instructors with any and all things (e.g. locating gear; helping campers with their instruments).

Preferred instrument to assist with? (Please mark "1" by your first choice and "2" by your second.)

_____ Guitar _____ Keyboards _____ Bass _____ Drums _____ Vocals

_____ **Roadie / Front Desk:** a bit of a catch-all position (but so very important!) Maybe some t-shirts need to be folded, maybe someone lost their water bottle and needs help finding it, maybe the Showcase posters need to be put up... Generally lending a hand where needed.

Afternoons:

_____ **Assistant Band Manager:** working with a Band Manager & Band Coach to get a band Showcase ready (e.g. finding white board markers for recording song ideas; encouraging campers along their musical journey).

_____ **Sound Crew:** learn some of the basics of the tech side of music (e.g. setting up the sound board; trouble-shooting when gear doesn't work as it should).

On the first morning of camp, you will meet with our Intern Wrangler and determine some personal goals for the week. As a group, the interns will also decide upon additional duties and responsibilities (e.g. leading assemblies or workshops; creating an Intern Band).

3. Media Permissions:

During Camp and at the Showcase, LGRC will make audio and visual recordings. These recordings are only ever used to promote LGRC or our member organization, the Girls Rock Camp Alliance (GRCA). When we do sell anything related to camp (eg. songs on our Bandcamp page), the money goes directly back into camp. If you secure a space at camp, your intern information package will include a media release form with options for you to choose from should you have any concerns around safety / media exposure.

Please have your parent / guardian complete the next page!

Parent / Guardian Page**4. Camp Fees (Tuition):**

Lethbridge Girls Rock Camp is a not-for-profit organization, which means we run entirely on volunteer time / energy and through donations collected during fundraising efforts. For this reason, your Intern's tuition is an important part of ensuring that the camp is running each summer. The price of the camp was decided after reviewing what other camps in the area were charging for the same time frame and similar services.

***Reminder: There's no need to send us money just yet. Once your spot has been secured, we will let you know the next steps in the registration process.

Subsidy Information

LGRC is committed to prioritizing financial accessibility for every Intern who wants to attend, and we won't turn anyone away for lack of funds. If you are unable to afford the full tuition, please indicate how much of the \$200 fee you are able to pay: _____

Would you like to be contacted about setting up a payment schedule? ____Yes ____No

Fundraising

LGRC prioritizes our fundraising dollars into three categories: Camper Creator, Gear Getter, and General Good Gal/Guy. If you are interested and able to help us out, please check out the Supporters page on our website for more information: www.lethbridgegirlsrockcamp.com/support

Please review the first four pages of the Intern application and sign below to approve all included info:

Parent / Guardian's name: _____

Parent / Guardian's signature: _____

Please have your Intern complete the next two pages!

5. A few more questions!

We'd like to know how you process new information. Please check any and all that apply.

I learn by...

- ☐ being shown something visually (pictures, videos, demonstrations, etc.)
- ☐ listening to instructions and hearing examples
- ☐ actually doing or trying something and practicing
- ☐ thinking through something before trying it out
- ☐ talking through something before trying it out
- ☐ trying something with limited instruction beforehand (learning through play)
- ☐ working one-on-one with an instructor or friend
- ☐ working in a small group
- ☐ working by myself
- ☐ working with little or no distractions (noises, other people, other activities)
- ☐ multitasking (working on lots of things all at once!)
- ☐ staying focused on one task until I master it
- ☐ taking breaks to allow myself to process new material

Please tell us what interests you about your Morning position choice.

Please tell us what interests you about your Afternoon position choice.

Please name a few of your favourite bands / musicians or favourite songs.

How did you hear about Lethbridge Girls Rock Camp?

What are you most excited to learn or experience at camp?

Are you registered in music class(es) at school? ____ Yes ____ No

If yes: what classes and what instrument(s) do you play?

Apart from school, have you ever attended music classes before? ____ Yes ____ No

If yes: when, where, and for what instrument(s)?

Have you ever attended a music camp before? ____ Yes ____ No

If yes: when, where, and for what instrument(s)?

Each summer we make t-shirts to commemorate our time together. Please circle the size you think might fit you best.

Youth Sizes	XS	S	M	L	
Adult Sizes	S	M	L	XL	XXL

Is there anything else you or your parent / guardian would like us to know that we may have forgotten?

**Thank you for filling out the application form! We are looking forward to seeing you in July.
You will hear from us soon, but until then... *KEEP ROCKIN'!***

*LGRC values diversity of age, race, economic status, gender expression, size, physical ability, developmental ability, musical interests, learning styles, nationality, religion, thought, citizenship status, and sexual orientation. We promote respect and do not tolerate racism, sexism, homophobia, or other discriminatory behaviour or expression.**

LGRC would like to acknowledge our programming takes place on the traditional territory of the Niitsitapi, which includes the Siksika, the Kainai, and the Piikani Nations. Lethbridge is also home to the Stoney Nakoda and Tsuut'ina Nations, as well as the Métis Nation of Alberta.

* wording borrowed with permission from the Rock 'n' Roll Camp for Girls in Portland. Thank you!!