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Lethbridge Girls Rock Camp – July 24th to 29th, 2017 Volunteer Application Information

About Us:

Lethbridge Girls Rock Camp is a place where girls aged 8-17 can learn a new instrument (or new techniques on an old one) and express themselves in creative and artistic ways, as well as build confidence, leadership, and teamwork skills. During the weeklong summer day camp, campers will be involved in a variety of activities (instrument instruction, workshops, and band practice) and will engage in the sharing and development of life skills.

About You:

Camp is not possible without volunteers. Lots and lots of volunteers. Please take a moment to read through each description, as some positions require musical knowledge, though many do not. Priority for mentorship positions will be given to self-identified women, femmes, and non-binary folks. Time commitments vary from position to position, as well.

Our volunteers are people who place the best interests of youth and their physical and emotional safety above all else; who understand and believe in LGRC's mission; who will show up, on time, for their appointed volunteer shifts; and who are willing to participate and be present. Thanks for your interest in volunteering with us!

Where is Camp

Camp and the showcase will be held at the Gate, located at 522 – 3rd Avenue South (downtown, just south of Galt Gardens). Parking downtown is metered during the day, though some of the meters near to the Gate (around Galt Gardens) are daylong ones. The downtown bus loop is also only a few blocks away, and there is bicycle parking nearby.

Important Dates 2017

| | |
|-------------------------------|------------------------------|
| Volunteer Orientation: | July 19th, 2017, 6pm – 7pm |
| Camp: | July 24th to July 28th, 2017 |
| Showcase: | July 29th, 2017 |

After we receive your application, we will contact you to schedule a phone interview. Nothing major: just a chat to discuss your application and to determine your best fit at camp.

Questions?: info@lethbridgegirlsrockcamp.com

**Summer 2017
Volunteer Application**

1. Volunteer Information:

Full legal name: _____

Nickname / preferred name: _____

Home address: _____

City: _____ Province: _____ Postal Code: _____

Home Phone: _____ Cell Phone: _____

Work Phone: _____ Email: _____

Preferred method of contact: ___ home phone ___ cell phone ___ work phone ___ email

Emergency Contact

Contact Name: _____ Relationship to Camper: _____

Home Phone: _____ Cell Phone: _____

Health Information

Do you have any medical conditions or allergies? ___ Yes ___ No

If yes, please list. _____

Dietary Information

Each day we provide snacks and a healthy lunch. To help us plan our meals, let us know if you are:

___ Vegan ___ Vegetarian ___ Omnivore (aka eats everything!) ___ Gluten Intolerant

___ Other: _____

All volunteers must be 18 years of age or older. Are you, or will you be, 18+ at the time of camp?

___ Yes ___ No

Can you commit to attending an orientation session on Wednesday, July 19th, from 6pm – 7pm?

___ Yes ___ No

Your t-shirt size preference: Youth Sizes XS S M L
Adult Sizes S M L XL XXL

2. A little bit about you:

Please indicate if you are licensed, certified, or trained in any of the following:

- | | | |
|--|------------------------------|------------------------------|
| <input type="checkbox"/> First Aid | <input type="checkbox"/> RN | <input type="checkbox"/> CCC |
| <input type="checkbox"/> CPR | <input type="checkbox"/> LPN | <input type="checkbox"/> RSW |
| <input type="checkbox"/> Teacher license | <input type="checkbox"/> RPC | |

Why are you interested in volunteering with Lethbridge Girls Rock Camp?

What experience do you have working with young people, if any?

What age group do you prefer working with and why?

What talents and skills can you bring to the camp this year? (Not just music related – anything!)

What experience, if any, have you had working with youth or other people with any of the following: attention deficit disorder, learning disabilities, depression, cutting, or any other mental, emotional, or physical challenges?

Have you previously volunteered with LGRC or with another GRC? Please tell us where and when.

3. Volunteer Positions

Take a moment to read through each description, as some positions require musical knowledge, though many do not. Time commitments vary from position to position, as well. Please apply for all positions you think you might be suited for and that you can commit to helping with.

Note: Due to the nature of camp, it is best if volunteers can commit to the entire week. If you are unable to volunteer for the entire week, please make a note next to the **Time commitment** section.

4. Mentoring Volunteer Positions (priority will be given to self-identified women, femmes, and non-binary folks)

___ Instrument Instructor

Time commitment:

- ⇒ before camp: orientation session
- ⇒ during camp: Monday to Friday, 9:00am – noon
- ⇒ Saturday: optional for the Showcase

Our campers vary in age and skill level, and many have never touched a musical instrument in their lives. Now it's time to teach them what you know. You may do some collaborative large-group teaching, as well as small-group sessions (generally 2-3 students per teacher). You will also meet or email your fellow instrument instructors at least once before orientation to decide on a curriculum and what style and level of experience each instructor is comfortable teaching. Lesson plans are highly encouraged, as there is a lot to teach in a short amount of time. This position combines well with band manager, band coach, or workshop leader for a full day of volunteering.

Specify which instrument you'd like to teach. If you can teach more than one, please assign numbers to signify your preference (1 as first choice, 2 as second, etc.):

___ drums ___ vocals ___ guitar ___ bass ___ keyboard

___ Band Manager (Please note: No musical experience necessary for this position)

Time commitment:

- ⇒ before camp: orientation session
- ⇒ during camp: Monday, 9:00am – 5:00pm; Tuesday to Friday, 11:30am – 5:00pm
- ⇒ Saturday: 5:00pm – 8:00pm for the Showcase

This position is our equivalent to a camp counselor and is one of the most rewarding jobs for volunteers at Summer Camp. You will serve as a mentor for your assigned band of campers, making sure they are where they need to be at all times, and attend the staff meeting each evening at the end of each day. Band Managers with musical experience may also coach campers on their instruments throughout the day and during band practice.

Mark the instruments, if any, that you feel comfortable coaching:

___ drums ___ vocals ___ guitar ___ bass ___ keyboard

___ **Band Coach** (Must have basic knowledge of songwriting. A working knowledge of at least 2 instruments is preferred.)

Time commitment:

- ⇒ before camp: orientation session
- ⇒ during camp: Monday, 9:00am – 5:00pm; Tuesday to Friday, 11:30am – 5:00pm
- ⇒ Saturday: 5:00pm – 8:00pm for the Showcase

Band Coaches are assigned to help prepare a song for the Showcase. You will help the campers during band selection on the first day and assist them each camp day in learning how to work as a group, both musically and interpersonally.

Mark the instruments you feel comfortable coaching:

___ drums ___ vocals ___ guitar ___ bass ___ keyboard

___ **Morning / Afternoon Assembly Crew**

Time commitment:

- ⇒ before camp: orientation session, as well as a few hours to develop assemblies
- ⇒ during camp: (please circle all times you are available)

| | | | | | |
|-----------------------------------|---|----|---|----|---|
| Morning Shift (8:30am – 10:00am): | M | Tu | W | Th | F |
| Afternoon Shift (3:00 – 4:30pm): | M | Tu | W | Th | F |
- ⇒ Saturday: optional for the Showcase

Provide an energetic, fun and welcoming atmosphere in the morning, and closure upon departure, for the campers and volunteers. You may also be asked to lead warm up and ice breaker activities, teach the Camp Song, help construct and participate in skits, and give announcements and direction when needed. It's helpful to be energetic and have a great camp counselor stage presence. You will work with the Camp Coordinators to develop assembly topics.

5. General Volunteer Positions (open to everyone)

___ **Lunch Program Crew**

Time commitment: (more flexibility for this position)

- ⇒ before camp: orientation session
- ⇒ during camp: (please circle all times you are available)

| | | | | | |
|---------------------------------|---|----|---|----|---|
| Lunch Shift (11:00am – 2:00pm): | M | Tu | W | Th | F |
|---------------------------------|---|----|---|----|---|
- ⇒ Saturday: optional for the Showcase

LGRC believes in food access and equality, and showing our campers the importance of healthy eating. For these reasons we provide lunches and snacks as a part of our program. Lunch crew responsibilities may include cooking, delivering food to camp (from food crew kitchens and restaurants), serving, and clean up. This is a messy job but one of the most needed.

Do you have a vehicle? ___ Yes ___ No

Front Desk Receptionist

Time commitment: *(more flexibility for this position)*

⇒ before camp: orientation session

⇒ during camp: (please circle all times you are available)

Morning Shift (8:30am – noon): M Tu W Th F

Afternoon Shift (noon – 4:30pm): M Tu W Th F

⇒ Saturday: optional for the Showcase

From the front desk, the receptionist has various duties, including but not limited to: helping with Monday morning camper registration, camper check in / out, monitoring visitors, giving directions, answering questions, selling camp merch and Showcase tickets

Camp Support Crew

Time commitment: *(more flexibility for this position)*

⇒ before camp: orientation session

⇒ during camp: (please circle all times you are available)

Morning Shift (8:30am – noon): M Tu W Th F

Afternoon Shift (noon – 3:30pm): M Tu W Th F

Closing Shift (3:30pm – 5:00pm): M Tu W Th F

⇒ Saturday: optional for the Showcase

Throughout the week, you may be called upon to help with daily morning set up, camper check in/out, serving lunch to campers and volunteers, selling camp merch and Showcase tickets, volunteer area maintenance, picking up donations, camper lunch supervision/presence, general clean up (including sweeping, mopping, vacuuming, taking out the trash, bathroom clean up), moving gear, Showcase assistance, and other tasks that help everyone have a great day at Camp.

Showcase Crew [These are great positions for anyone wanting to help the night of the Showcase (Saturday, July 29th).]

Please check which positions you would like to assist us with:

- Stage Manager’s Assistant Friday, 1:00pm – 5:00pm; Saturday, 4:00pm – 9:00pm
- Roadie Friday, 1:00pm – 5:00pm; Saturday, 4:00pm – 9:00pm
- Guitar & Bass Tech / Tuner Saturday, 4:00pm – 8:00pm
- Usher / Door Security Saturday, 5:00pm – 8:00pm
- “Green Room” Monitor Saturday, 5:00pm – 8:00pm
- Sales Saturday, 5:00pm – 8:00pm

Other Have an idea of a different way you can lend a hand? Please let us know: